



Date: 21st June 2019

Report: International Yoga Day

Yoga is a physical, mental and spiritual practice which originated in India. The International Day of Yoga has been celebrated annually on 21 June since 2015, following its inception in 2014.

Details of the event as below:

Day and Date: Friday, 21st June 2019

Time: 10.00 Am

Venue: SIC campus



Prepared by: Arati Vaidya



Vishal Marane <vishal_marane@scmhrd.edu>

Fwd: Invitation for International Day of Yoga 2019 (Hinjewadi)

3 messages

Arati Vaidya <arati_vaidya@scmhrd.edu>

Sat, May 18, 2019 at 2:16 PM

To: faculty_group <faculty_group@scmhrd.edu>, staff_group <staff_group@scmhrd.edu>

Cc: Director Office <director@scmhrd.edu>, "Deputy. Director" <deputy_director@scmhrd.edu>, "Col. Kiran Kanade" <ao@scmhrd.edu>

Dear Sir/Madam,

Greetings!

Please find below email regarding participation for International Day of Yoga on 21st June 2019.

Request all of to attend as much as possible.

Thanks & Regards,

Arati Vaidya
Information Officer
Symbiosis Center for Management and Human Resource Development,
Symbiosis InfoTech Campus,
Plot. 15, Rajiv Gandhi InfoTech Park,
Hinjawadi, Phase 1,
Pune - 411 057
Tel No 91 - 20-22944331
M - 9922367788 / 9730008614

Upcoming Conference: <https://infracon.scmhrd.edu/>

----- Forwarded message -----

From: **head rw c** <head_rwc@siu.edu.in>

Date: Fri, May 17, 2019 at 4:40 PM

Subject: Invitation for International Day of Yoga 2019 (Hinjewadi)

To: <ao@scmhrd.edu>

A handwritten signature in blue ink, appearing to be 'P. AS' with a flourish underneath.



Cc: <director@scmhrd.edu>, <campusadmin.sic@symbiosis.ac.in>, srincharge.snv srincharge.snv <srincharge.snv@siu.edu.in>, srincharge.ssk srincharge.ssk <srincharge.ssk@siu.edu.in>, <rwcsic@siu.edu.in>

Dear Sir,
Healthy Greetings!

Symbiosis International University is celebrating International Day of Yoga on 21st June 2019. We are celebrating this event by organizing a Yoga session at your respective campuses.



IDY 2019 Schedule (Pune Campus)

International Yoga Day 2019 Venue and Time (Pune campus)				
Sr.No	Pune Campus	Institute	Time	Venue
1	SIMS,Khadki	SIMS	9.15 am to 10.15 am	In front of Audi
2	S.B.Road	SIHS, BMT, SCON, SSE Society	10.15 am to 11.15 am	VishwabHAVAN Parking
3	SIC,Hinjewadi	SIIB,SCIT, SCM HRD	10.00 am to 11.00 am	Class room- Group Activity hall/Swimming pool area
4	New Viman nagar	SIS, SSLA & SSIS	10.00 am to 11.00 am	Multi purpose hall SIS
5	Old Viman nagar	SCM S, SID, SCM C	10.00 am to 11.00 am	Open corridor
6	Lavale Up	All Institute	9:30 am to 10:30 am	Badminton Hall
7	Lavale Up	All Directors	11:00 am to 12:00	SIU Convention Hall
8	SIT	All Institute	9:30 am to 10:30 am	RWC - SIT
9	Model Colony	SICSR	10.00 am to 11.00 am	Hall



**Imp Note: Participants are requested to carry their own mats/Towel for yoga day.
For any queries contact-8605383506 or RWC representative.**

**Thousands of people in the same movement,
the same respiration, at the same time and in the same rhythm.**

Regards,

Ms. Shweta Sharma

Head - Recreation & Wellness

Symbiosis International University

Contact @ : 020-39116279 / 9850109814

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Arati Vaidya <arati_vaidya@scmhrd.edu>

To: faculty_group <faculty_group@scmhrd.edu>, staff_group <staff_group@scmhrd.edu>

Cc: Director Office <director@scmhrd.edu>, "Deputy. Director" <deputy_director@scmhrd.edu>, "Col. Kiran Kanade" <ao@scmhrd.edu>

Thu, Jun 20, 2019 at 9:26 AM

Dear Sir/Madam,

Greetings!

Gentle reminder for celebrating International Day of Yoga on 21st June 2019.

Thanks & Regards,

Arati Vaidya
Information Officer
Symbiosis Center for Management and Human Resource Development,
Symbiosis InfoTech Campus,
Plot. 15, Rajiv Gandhi InfoTech Park,
Hinjawadi, Phase 1,
Pune - 411 057
Tel No 91 - 20-22944331
M - 9922367788 / 9730008614

Upcoming Conference: <https://infracon.scmhrd.edu/>

On Sat, May 18, 2019 at 2:16 PM Arati Vaidya <arati_vaidya@scmhrd.edu> wrote:

Dear Sir/Madam,

Greetings!

Please find below email regarding participation for International Day of Yoga on 21st June 2019.

Request all to attend as much as possible.

[Quoted text hidden]

[Quoted text hidden]



Arati Vaidya <arati_vaidya@scmhrd.edu>

To: faculty_group <faculty_group@scmhrd.edu>, staff_group <staff_group@scmhrd.edu>

Cc: Director Office <director@scmhrd.edu>, "Deputy. Director" <deputy_director@scmhrd.edu>, "Col. Kiran Kanade" <ao@scmhrd.edu>

Fri, Jun 21, 2019 at 8:02 AM

Gentle reminder!

Yoga day is celebrated in RWC Group Activity Hall....

Thanks & Regards,

Mrs. Arati Vaidya
Information Officer
SCMHRD
9922367788
Sent from Smart phone
[Quoted text hidden]
[Quoted text hidden]

A handwritten signature in blue ink, appearing to read 'Arati Vaidya' with a stylized flourish.

